

Our Centers:

Basalt Center

Basalt Elementary School
Phone: 970.384.5855

Glenwood Center

Glenwood Springs Elementary School
Phone: 970.384.6055

Carbondale Center

Bridges Center
Phone: 970.384.5796

All Centers' Hours:

8:00—4:00 M-F

www.rffrc.org

"The RFFRC is an official application assistance site for CHP+, a low cost insurance plan for Colorado Children. Your child may qualify. Call us to apply!"

UPCOMING EVENTS...

Dental Varnishing Clinics

for Children without Dental Insurance

The Roaring Fork Family Resource Centers are providing **FREE dental screenings and fluoride treatments** for children up to age 13. If you do **not** have dental insurance, reserve an appointment now for your children at one of our 3 locations.

Glenwood Springs Elementary School
RFFRC Office
Tuesdays 3:00 PM—5:00 PM
April 6, April 13, April 20, April 27
Call 384-5616 or 384-6055

Carbondale, The Bridges Center
RFFRC Office
Tuesdays 3:00– 5:00 PM
April 6, April 13, April 27
Call 384-5746

Basalt Elementary School
RFFRC Office
Mondays 1:30 PM —4 :30 PM
April 12, April 19, April 26
Call 384– 3067

Appointments are available at all three locations. Please call each RFFRC office in your community to schedule.

Until Someone Wakes Up
A prevention & education play about Gender Roles, Sexual Violence & Healing

Together, audience members will explore:

- The frequency and prevalence of sexual violence in our society.
- The emotional aftermath of sexual violence
- Perpetrator's experiences & perspectives.
- The importance of open and honest communication.

Friday, April 16th at 7:00 pm.
Glenwood Springs High School

"Surviving Sexual Molestation"

For ten years John Warnick kept the biggest secret of his life. John shares the effects of his victimization on his life, what kept him from telling his secret, and what he has done to overcome the enormous obstacles such a crime places in the victim's life.

Come hear John speak.

Monday, April 19th at 7:00 pm.
Glenwood Springs High School

...Both events brought to you by
Child Help River Bridge Children's Center
945-5195

Love and Logic Tip from Dr. Fay

When your kids act-up, does your voice get louder or quieter? When I'm having a good day - my voice gets softer. From years of observing successful parents and educators, I learned the value of leaning close to a child's ear and *whispering a question*:

"Are you going to settle down, or do you need to spend some time in your room?"

"Can you use a quiet voice in here or would it be best for you eat outside so you can yell?"

"Do you think you can play with that nicely, instead of hitting your brother with it?"

There's true power in the quiet voice! Try it!

Buy Children's Books & support RFFRC at the same time

Looking for high quality children's books? Go online to www.BetsvsBarefootBooks.com Scroll down and click on the *support this event* button for RFFRC before you shop. Books are in English or Spanish. RFFRC will get a portion on any books purchased if you use our link! Check it out!

**Carbondale
Immunization Clinic
provided by**

**Garfield County Public Health
RFFRC Bridges Center
455 South Third Street
Carbondale
Thursday April 8
Thursday May 13**

- Vaccinations will be available to community members of all ages
- Childhood vaccinations are \$10/ each
 - Medicaid is accepted
- Please ask about pricing for adult vaccinations
BY APPOINTMENT ONLY

Call **945-6614** for appointment