

Roaring Fork Family Resource Centers Highlights of the 2010-11 School Year

- Directly assisted **978 students** through our Student Health & Well-Being program.
- Made **8,784 contacts** on behalf of the 978 students, with average of 9 contacts per student.
- Helped students from **13 Roaring Fork School District (RFSD) schools** in Basalt, Carbondale and Glenwood Springs in grades preschool through twelve.
- Assisted students and families in finding resources for mental health, physical health, dental care, eye exams and glasses, warm winter clothing, food, child care and parenting classes, recreation, art and enrichment activities, social services, substance abuse and many other issues. Provided **case management, information, referrals**, transportation and translation as well as financial assistance when needed.
- Assisted the families of **209 children** in applying for public health insurance programs such as Medicaid and CHP+.
- Facilitated and strengthened **Resource Teams** (teams include the school Principal, Assistant Principal, Counselor, Special Education teacher, School Liaison, School Resource Officer, and RFFRC staff) at RFSD schools to assess student needs and to ensure that service plans are implemented in a coordinated manner.
- Served **115 parents** in our Parent Education program. Several multi-week workshops, consisting of 84 individual sessions, were conducted, following the *Love & Logic*, *La Cocina Saludable* (“*The Healthy Kitchen*”), and *Nurturing Parenting Program* curricula. We also provided low-cost childcare for each class. Evaluations demonstrated positive change in parents’ attitudes and behaviors toward their children.
- Six one-evening classes were also held in all 3 communities at no charge – in English and Spanish – on topics such as *Helping Your Child Succeed in School* and *Nurturing Skills for Families*. Free or low-cost childcare was provided.
- Produced three **ELL (English Language Learner) Health Days** for **100** high school students with limited English language skills, increasing their knowledge about reproductive health, personal safety, nutrition, and healthy relationships.
- Trained our Resource Coordinators in the application of dental fluoride varnish. Centers hosted six **dental varnishing clinics** in the spring, where **103** children received the varnish and parents received oral health care education.
- Collaborated with Garfield County to provide **dental screening**, sealants, and fluoride varnish to 250 Carbondale and Glenwood Springs elementary school students.
- Hosted **Medicaid/CHP+** “presumptive eligibility” sign-ups, in collaboration with Mountain Family Health, assisting approx. 20 families with this “fast-track” process.
- Free and fast cholesterol **screenings**, blood pressure checks, weight, BMI, and blood sugar testing were provided for approximately 60 adults, conducted by Mountain Family Health staff and hosted by our centers.
- Sent home regularly scheduled **RFFRC newsletters** with parenting, health, and community resource information to parents of all Basalt, Carbondale and Glenwood Springs students in grades Pre-Kindergarten through 12th.
- Participated in interviews on local radio stations to disseminate health, parenting and community resource information.
- Helped with the coordination of holiday **food and toy drives** in collaboration with Lift-Up, Aspen Interfaith Association and the Basalt United Methodist Church by identifying and referring families and by connecting volunteers with these programs.

- Helped coordinate “**Food For Thought**” a program in Basalt for low-income students to receive healthy food to take home for the weekend.
- Strengthened our collaborative relationship with the school-based health center in the Basalt schools. Family Resource Center staff work closely with health center personnel – both in referring students to the health center and in working with students who are in need of additional services after they have been assessed by health center staff.
- Provided space monthly for Garfield County Public Health to hold **immunization clinics** and well baby checks at Family Resource Center offices in Carbondale.
- Helped plan and facilitate **Girls to Women/Women to Girls**, an all-day session on career choices, financial planning, high school, and personal protection for over 250 eighth grade girls in the Roaring Fork and Aspen School Districts.
- Helped plan and participated in Glenwood Springs **High School sophomore health fair**.
- Helped organize the eighth annual Latino Youth Summit. This day for Latino high school students offered various conference/discussion sessions about mental health, suicide prevention, college opportunities, and human service organizations.
- Participated in the ninth annual Summer Activities Fair in El Jebel. The fair provided the opportunity for approximately 260 parents and children to learn about summer options, to register for activities, and to learn about health insurance options for children.
- Participated in the seventh annual Pediatric Health and Safety Fair, in collaboration with Valley View Hospital and Garfield County Public Health, where over 125 parents received information about health insurance options for their children.
- Partnered with staff from Executive Service Corps to create the **RFFRC Friends**, an active group of community members who serve as our “ambassadors,” raising public awareness of the centers and helping us expand our donor base.
- Managed the **Medicaid Extended School Health (MESH)** Program for the RFSD, supporting this continued revenue stream and raising \$17,000.00 for the school district.
- Continued to develop and strengthen partnerships with over 200 service providers, community agencies and funders who help us to ensure that our children are healthy and able to achieve success in school and in life
- Staff attended trainings on a variety of subjects including Medicaid/CHP+, suicide prevention, dental health, cultural competency, nutrition and at-risk youth.
- Worked closely with both RFSD Information Technology staff and the OMNI Institute to develop and fine-tune our client database in order to accurately track demographics, service, and outcomes.
- Held successful **fundraiser special events** in Carbondale including The Halloween Happening and the Gyro Booth at Mountain Fair.
- Continued membership in the Colorado Family Resource Center Association (FRCA), which has increased our collaboration with other state Family Resource Centers, brought us new sources of funding, and provided opportunities for capacity building.
- Participated in numerous community collaborations including Pitkin County POD, Garfield County Human Services Commission, Family and Community Engagement Team (FACET), Garfield County Collaborative Management Program, County Child Protection Teams, Teen Pregnancy Prevention Taskforce, Aspen to Parachute Dental Health Coalition, and Roaring Fork School Health Center Advisory Board.